crucified on the other, and that mortal sin tramples on His wounds and Precious Blood.

I believe that prayer is the devout raising up of the soul to God, to adore Him in His infinite Excellence, to thank Him for benefits received, to beg His pardon for our sins, and to ask Him for the things necessary or useful for ourselves or for others.

I believe that because of the Sacrament of Baptism, I am a 'lay priest' with the privilege and duty of uniting with the ordained priest in offering Christ to his heavenly Father and the Holy Sacrifice of the Mass.

I believe that the holy Eucharist contains Christ Himself, the Second Person of the Blessed Trinity, his Body and Blood, His Soul and Divinity—all under the appearance of bread and wine.

I believe that adoration and thanksgiving become a frequent duty to God, while petition becomes a necessary source of pardon and grace for us.

I believe that our prayers, to be acceptable to the Trinity, should be offered in the name of Jesus, as is done at the end of all the 'prayers, secrets, and post-communions' of this missal.

I believe that the Sacrament of Matrimony is a symbol of the union of Christ's divinity with His humanity; that it is a symbol furthermore of the union between Christ, the Bridegroom, and the Church, his Bride.

I believe, that mixed marriages most frequently lead to in difference, loss of faith, and neglect of the religious education of children.

I believe that young people should realize, during courtship, that they are preparing to receive any Sacrament, consequently, they should have the greatest respect for each other; that before engagement they should consult their elders, pray for light, and receive the sacraments frequently.

I believe that there is no contradiction, and never can be any contradiction, between true science and true religion, because God, who is all truthful, cannot reveal one truth through religion and a contrary truth through science.

I believe that my Catholic faith is my most precious inheritance, my proudest boast, 'my pearl of great price,' something more precious to me than all the honors and riches of the world.

I believe that by living up to the dictates of my Catholic faith I shall obtain peace and contentment of soul in this world and eternal happiness in the life to come.

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Pamphlet 436

What I Believe!

My Military Missal

Published by the Confraternity of the Precious Blood, December 8, 1942. Written for the use of Catholic soldiers, sailors and airmen going off to war. Excerpted below is a portion of the 125 articles of faith contained in the Soldier's Prayer Book

I believe there is one God, who created heaven and earth.

I believe that God takes care of all created things, preserves them, upholds them, and governs them, so that there neither is nor can be anything that happens without God's will or permission.

I believe that Jesus Christ is the Second Person of the Blessed Trinity, equal to God the Father and God the Holy Spirit.

I believe that the chief purpose of my life is to give glory to God and to save my immortal soul.

I believe that our first parents, Adam and Eve, lost their original state of union with God, together with other marvelous gifts of grace and nature because of pride and disobedience; that they became subject to concupiscence and death, and that, through original sin, we have inherited the Effects of their sin.

I believe that a Christian is a person baptized into the Mystical Body of Christ; that henceforth, he becomes a follower of Christ by processing the true an entire faith of Christ and by striving before God and neighbor to keep the law of Christ according to his state in life.

I believe that my success in life depends not on amassing wealth or on winning honors, but on serving God and neighbor. I believe that I am put in this life to live at peace with God and my fellow man, and to perform my duties to the best of my abilities.

I believe that I have a revealed CREED to believe, a Christian CODE to live, and a CULT to worship God.

I believe that Jesus always has 'compassion on the crowd'.

I believe that spiritual depression is the root of all of our temporal misery; that social envy, discontent, greed, lack of social justice and charity become widespread in private and public life when men fail to 'seek first the Kingdom of God and His justice.'

I believe that emphasis should be placed, both by prayer and action, on keeping respect for the dignity of labor by a decent living wage; on protecting family life from divorce and sins against nature; on upholding religious and political liberty; on restoring God to our schools of learning.

I believe that the encyclical letters of recent popes, who are the Vicars of Christ himself, should be given more publicity and translated into modern social activities of labor, government, education and home life.

I believe that Jesus will save society in the way of social justice, only through his Church, which is the Kingdom of God on earth.

I believe that if the majority of individuals kept his Commandments, if families became again what he wishes them to be, if men, inspired and assisted by His Sacrifice, loved service to one another, there would be prosperity within nations and peace amongst nations.

A believe that a personal reform necessarily leads to reform; that any other type of social reform winds up in failure.

I believe that Christ established only one Church, to which He wishes all to belong.

I believe that the one true Church which Christ founded exists today, and will continue to exist until the end of time.

I believe that the Catholic Church is the one true Church.

I believe that the Catholic Church is the only living, an infallible guide which can lead me to eternal life.

I believe that the Catholic Church has the right and duty to guard the doctrine of Jesus Christ and to preach it to every creature, independent of any human authority.

I believe that it is not enough for me to be a member of the Catholic Church in order to save my soul, but that I must live in accordance with the teachings of the Church.

I believe that since Christ established one Church, I am not free to belong to any other.

I believe that, nevertheless, all those outside the Church through no fault of their own, will be saved if they follow their conscience and do not die in mortal sin.

I believe that those who labor under ignorance of the true religion, if this ignorance be invincible, are not before the eyes of God burdened with guilt for this thing.

I believe that those will be lost who are convinced that the Catholic religion is the true religion, and yet fail to embrace it.

I believe that is what I mean, when I say, 'Outside the Catholic Church there is no salvation.'

I believe that by habitual grace man is lifted up above his human nature, becomes a partaker in the divine nature, an adopted son of God and an heir to the glory of Heaven.

I believe that habitual grace can be lost by mortal sin, but can be restored by an act of perfect contrition or by the Sacrament of Penance.

I believe that it is very helpful to my Christian life to have special devotion to my guardian angel, reverencing him and calling on him, especially in time of temptation; following his suggestions, thanking him for his help, and never vexing his presence by sin.

I believe that Mary is the Virgin Mother of God, because she is the Mother of Jesus Christ, who is truly God as well as True Man.

I believe that my salvation depends upon Mary's mediation in union with Christ, because of her exalted position as mediatrix of all grace and nearness to her divine son.

I believe that actual or personal sin is any violating of God's law by thought, word, deed, whether by omission or commission, against God, ourselves, or our neighbor; that repeating the same actual sin forms a dangerous habit of sin leading to the sin against the Holy Spirit.

I believe that we must also give an account to God for the sins of others, insofar as we may have been the cause by command, counsel, concept, or failing to prevent them when we could and should have done so.

I believe that mortal sin is the greatest evil that can happen to us; that it is the source of all other misery in the world; that it deprives the soul of sharing in the divine nature and condemns it to eternal death and hell.

I believe that we should be ready to suffer the loss of all earthly joys, even to welcome death itself, rather than commit to one mortal sin; that when tempted, I should immediately think of Hell on the one hand and of Christ